

September 2019

2	3 Cereal Variety & Muffin Or Yogurt & Muffin Fruit/Juice/Milk	4 French Toast Sticks/ Syrup Fruit/Juice/Milk	5 Cereal Variety & Toast/Jelly Or Yogurt & Toast/Jelly, Fruit/Juice/Milk	6 Egg Cheese Omelet & Toast Fruit/Juice/Milk
9 Cereal Variety & Powdered Donut Or Yogurt & Powdered Donut Fruit/Juice/Milk	10 Egg Cheese Biscuit Fruit/Juice/Milk	11 Cinnamon Roll, Fruit, Juice, Milk	12 Cereal & Granola Bar Or Yogurt & Granola Bar Fruit/Juice/Milk	13 Pancake on a Stick/ Syrup Fruit/Juice/Milk
16 PB&J Or Bagel w Cream Cheese Fruit/Juice/Milk	17 Bacon Scramble Breakfast Pizza Fruit/Juice/Milk	18 Cereal Variety & Muffin Or Yogurt & Muffin Fruit/Juice/Milk	19 Egg, Turkey Sausage & Cheese Tornado Fruit/Juice/Milk	20 Cereal Variety & Toast/Jelly Or Yogurt & Toast/Jelly Fruit/Juice/Milk
23	24 Glazed Donut Fruit/Juice/Milk	25 Cereal Variety & Toast/PB Or Yogurt & Toast/PB Fruit/Juice/Milk	26 French Toast Sticks/Syrup Fruit/Juice/Milk	27 Cereal & Lil Long John Or Yogurt & Lil Long John Fruit/Juice/Milk
30 Cereal Variety & Powdered Donut Or Yogurt & Powdered Donut Fruit/Juice/Milk				

USDA Requirements for a reimbursable breakfast.

Daily components are:

Grains – 2
Fruit/Juice/Veg (opt)
Milk

Meat/Meat Alternate maybe substituted for one grain item. At least 4 food items are offered daily and students must take at least 3 items one of which MUST be ½ cup fruit and or juice.

Grab N Go Breakfast Bag is available

Menu subject to change

This institution is an equal opportunity employer.

