

January 2019

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USDA Requirements for a reimbursable School Lunch

5 Daily Lunch Component Requirements:

Meat/Meat Alternate
Fruit
Vegetable
Bread/Grain
Milk

Students must choose at least 3 items of the 5. One MUST be a serving of fruit or vegetable or a combination of both.

Skim, Skim Chocolate, 1% Milk are offered daily. Whole grain buns, breads, desserts are always used. All items offered meet the USDA requirements in limiting calories, fat, and sugar. This institution is an equal opportunity employer.

