



<p>1</p> <p>Cereal & Lil Long John OR Yogurt & Lil Long John Fruit/Juice/Milk</p>	<p>2</p> <p>French Toast Sticks/ Syrup Fruit/Juice/ Milk</p>	<p>3</p> <p>Cereal Variety & Toast/PB OR Yogurt & Toast/PB Fruit/Juice/Milk</p>	<p>4</p> <p>Egg Cheese Omelet & Toast Fruit/Juice/Milk</p>	<p>5</p> <p>Cereal Variety & Muffin OR Yogurt & Muffin Fruit/Juice/Milk</p>
<p>8</p> <p>PB&J OR Bagel w Cream Cheese Fruit/Juice/Milk</p>	<p>9</p> <p>Bacon Scramble Pizza Fruit/Juice/Milk</p>	<p>10</p> <p>Cereal Variety & Muffin OR Yogurt & Muffin Fruit/Juice/Milk</p>	<p>11</p> <p>Egg, Turkey Sausage & Cheese Tornado Fruit/Juice/ Milk</p>	<p>12</p> <p>Cereal Variety & Toast/Jelly OR Yogurt & Toast/Jelly Fruit/Juice/Milk</p>
<p>15</p> <p>Cereal Variety & Powdered Donut OR Yogurt & Powdered Donut Fruit/Juice/Milk</p>	<p>16</p> <p>Egg Cheese Biscuit Fruit/Juice/Milk</p>	<p>17</p> <p>Cinnamon Roll Fruit/Juice/Milk</p>	<p>18</p> <p>Pancake on a Stick/Syrup Fruit/Juice/Milk</p>	<p>19</p>
<p>22</p>	<p>23</p> <p>Glazed Donut Fruit/Juice/Milk</p>	<p>24</p> <p>Cereal Variety & Toast/PB OR Yogurt & Toast/PB Fruit/Juice/Milk</p>	<p>25</p> <p>French Toast Sticks/Syrup Fruit/Juice/Milk</p>	<p>26</p> <p>Cereal Variety & Muffin OR Yogurt & Muffin Fruit/Juice/Milk</p>
<p>29</p> <p>PB&J OR Bagel w Cream Cheese Fruit/Juice/Milk</p>	<p>30</p> <p>Bacon Scramble Pizza Fruit/Juice/Milk</p>			

USDA Breakfast Requirements for a reimbursable Breakfast:

Daily Breakfast Components are:

Grains- 2
Juice/Fruit/Vegetable
Milk
Meat/Meat Alternate maybe substituted for one grain item.
At least 4 food items are offered daily and students MUST take at least 3 items one of which MUST be ½ cup fruit, or juice or vegetable.

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