



December

CLARION-GOLDFIELD-DOWS Schools ~ LUNCH Menus

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of... DECEMBER 1					PK-8 Tony's Cheese Pizza 9-12 Big Dad's 4 Cheese pizza Garden Salad/Caulif florets Garbanzo Beans Diced Peaches WG Cookie
Week of... DECEMBER 4 - 8	Hamburger w/ Bun Cheese Slice Bkd French Fries Fresh Tomato/Cucumber Slices Diced Peaches	Super Nachos Cheese/Lettuce Diced Tomatoes/Salsa Hearty Refried Beans Pineapple Tidbits	Tatertot Casserole Seasoned Corn Broccoli Florets Crisp Apple Wedges Fresh Bkd Dinner Roll	Breaded Chicken Nugget Whipped Potatoes Crisp Radishes Crunchy Baby Carrots Mixed Fruit Fresh Bkd Muffin	Breaded Mozzarella Sticks Zesty Marinara Sauce Seasoned Green Beans Two Bean Salad Diced Pears
Week of... DECEMBER 11 - 15	Crispy Chicken Patty/Bun Seasoned Corn Fresh Tomato Slices Broccoli Florets/dip Applesauce 9-12 Coleslaw	PK-5 Softshell Taco 6-12 Taco Bar Beef /Chicken Lettuce/ Cheese Diced Tomatoes/Salsa Hearty Refried Beans Pineapple Tidbits WG Cookie	Turkey Gravy/ Biscuits Steamed Garden Peas Crunchy Baby Carrots Crisp Apple Wedges Sherbet	Breaded Chicken Strips Whipped Potatoes Crisp Celery Stix Broccoli Florets Juicy Orange Wedges Fresh Bkd Cinn Breadstix	K-5 Max Pepperoni Pizza 6-12 Stuff Crust Pepp pizza Seasoned Garbanzo Beans Pacific Blend Vegetables Strawberries/Bananas Pudding Cup
Week of... DECEMBER 18 - 22	Pig in a Blanket Oven Bkd Beans Crunchy Baby Carrots Broccoli Florets Mixed Fruit	K-5 Br. Pork Patty/ Bun 6-12 Pulled Pork/Bun Seasoned Green Beans Fresh Tomato Slices Crunchy Baby Carrots Applesauce	Pizza Crunchers Zesty Marinara Sauce Vegetables Fruit	Turkey Cheese Deli Sub Veggies Fruit Baked Doritos	COOKS CHOICE
Week of... DECEMBER 25 - 29	NO SCHOOL — CHRISTMAS VACATION				
Menu is subject to change without notice.					

USDA REQUIREMENTS FOR REIMBURSABLE SCHOOL LUNCH
5 Daily LUNCH COMPONENT Requirements —
Meat/Meat Alternate – Fruit – Vegetable – Bread – Milk
*Students must choose at least 3 of the 5 items offered,
 one item **MUST** be a serving of fruit or vegetable or a ½ serving of both.*



Skim, Skim Chocolate & 1% Milk offered daily.
 Whole Grain Buns, Breads & Pastas are always used.
 All items offered meet USDA requirements
 in limiting calories to 30% from fat and 35% from sugar.