



August

CLARION-GOLDFIELD-DOWS Schools ~ K-8 BREAKFAST Menus

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of... AUGUST 23 - 25				Smuckers PBJ Or Pillsbury cream cheese Bagels Fruit/Juice Milk	WG Cereal Variety or Yogurt Cheese Stick Fruit /Juice Milk
Week of... AUGUST 28 – SEPT. 1	Smuckers PBJ Or Pillsbury cream cheese Bagels Fruit/Juice Milk	Bacon Scramble Brkfst Pizza Fruit/Juice Milk	WG Cereal Variety or Yogurt WG Muffin Fruit or Juice or Both Milk	Sausage Biscuit Sandwich Fruit/Juice Milk	WG Cereal Variety or Yogurt Toast/Jelly Fruit/Juice Milk
Menu is subject to change without notice.					

REQUIREMENTS FOR REIMBURSABLE SCHOOL BREAKFAST

3 Daily Breakfast Component Requirements — Grains, Juice/Fruit/Vegetable and Milk

At least 4 food items are offered daily, and students must take at least 3 items, one of which MUST be at least 1/2 cup of juice, fruit or vegetable.



Skim, Skim Chocolate & 1% Milk offered daily.
 Vegetables and fruits may be offered interchangeably.
 Whole Grain Buns and Breads are always used.
 Meat/meat alternate may be offered in place of part of grain component after minimum daily grains requirement is offered.