



# December

# CLARION-GOLDFIELD-DOWS Schools ~ LUNCH Menus

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of... <b>DECEMBER</b> 1 - 2				PK-5 Mexicali Taco Boat 6-12 Bkd. Potato / FF Bar choice: Taco, Ham, Cheese Steamed Broccoli Tomatoes/Salsa Applesauce Fresh Bkd. Dinner Roll	PK-8 Tony's Cheese Pizza 9-12 Big Dad's 4 Cheese pizza Garden Salad/Caulif florets Garbanzo Beans Diced Peaches WG Cookie
Week of... <b>DECEMBER</b> 5 - 9	PK-5 Turkey Cheese Deli Sub 6-8 Flatbread 9-12 w/Bacon Sh. Lettuce/Tomato Slices Cowboy Salsa Juicy Orange Wedges Cheddar Sunchips	Hamburger w/ Bun Cheese Slice Bkd French Fries Fresh Tomato/Cucumber Slices Applesauce	IGoulash Seasoned Green Beans Fresh Cauliflower Florets Crunchy Baby Carrots Mixed Fruit Fresh Bkd Dinner Roll	Gilardo Max Cheese pizza stix Zesty Marinara Sauce Broccoli Florets/dip Crunchy Baby Carrots Diced Peaches WG Cookie	Chili Crispito Lettuce/Cheese Diced Tomato/Salsa Savory Black Beans Seasoned Rice Warm Cinn/Apple Slices
Week of... <b>DECEMBER</b> 12 - 16	Crispy Chicken Patty/Bun Seasoned Corn Fresh Tomato Slices Broccoli Florets/dip Diced Pears 9-12 Coleslaw	PK-5 Softshell Taco 6-12 Taco Bar Beef /Chicken Lettuce/ Cheese Diced Tomatoes/Salsa Hearty Refried Beans Pineapple Tidbits WG Cookie	Chicken Noodle Soup/w Crackers Grilled Cheese Sandwich Crunchy Baby Carrots Crisp Celery Stix Apple Wedges	Breaded Pizza Burger Mozzarella Cheese Pizza Sauce Fresh Tomato/cucumber Slices Diced Peaches	PK-8 Tony's Pepperoni Pizza 9-12 Big Dad's Pepp pizza Seasoned Garbanzo Beans Capri Blend Veg/Pepper strips Strawberries/Bananas Pudding Cup
Week of... <b>DECEMBER</b> 19 - 23	Br. Pork Patty/ Bun Seasoned Corn Fresh Tomato Slices Crunchy Baby Carrots Warm Cinn/Apples	Pizza Crunchers Seasoned Green Beans Cauliflower Florets Diced Peaches Jello	Turkey Gravy/ Biscuits Steamed Garden Peas Crunchy Baby Carrots Crisp Apple Wedges Ice Cream	Pig in a Blanket Baked Beans Vegetables and Fruit	
Week of... <b>DECEMBER</b> -26 - 30	<b>NO SCHOOL — CHRISTMAS VACATION</b>				
Menu is subject to change without notice.					

**USDA REQUIREMENTS FOR REIMBURSABLE SCHOOL LUNCH**  
**5 Daily LUNCH COMPONENT Requirements —**  
**Meat/Meat Alternate – Fruit – Vegetable – Bread – Milk**  
*Students must choose at least 3 of the 5 items offered,  
 one item **MUST** be a serving of fruit or vegetable or a ½ serving of both.*



Skim, Skim Chocolate & 1% Milk offered daily.  
 Whole Grain Buns, Breads & Pastas are always used.  
 All items offered meet USDA requirements  
 in limiting calories to 30% from fat and 35% from sugar.